

## Pool Rules:

### ❑ **GENERAL POOL RULES:**

Lifeguard on Duty: Swimming is permitted only when a lifeguard is on duty. Guests are prohibited from distracting the lifeguards while they are on the stand.

Supervision of Children: Children 10 years of age or younger must be accompanied by a person 16 years of age or older.

Appropriate Attire: All swimmers must wear appropriate bathing suits. Exercise modesty in swim water, keeping in mind the family atmosphere at our pools. "Cut-offs" are not allowed.

Wounds & Diseases: Persons with open wounds, bandages, blisters or any symptoms of a respiratory or communicable disease are prohibited from entering the pool facility.

Shower Prior to Pool Use: To maintain the water quality, swimmers must shower before entering the pool.

Restricted Areas: Pool Patrons are prohibited from restricted areas. The following areas are restricted, but are not limited to this list: pump rooms, storage areas and lifeguard office.

Prohibitions: Pets, glass containers or chewing gum are not allowed in the pool area. Eating and drinking are allowed only in designated areas. Smoking, Alcoholic beverages, illegal substances, or weapons are prohibited in all pool facilities. Loud music or other disruptive activity is also prohibited.

Dangerous Behavior: Running, pushing, profane language, vulgar gestures, and rough behavior are not permitted in pool facilities. Pool patrons may not throw other swimmers in the water, stand on the shoulders of other swimmers or hang on rope and rails.

Pool Toys, Balls, Etc...: Soft objects, balls, toys, large floats, etc. are allowed at the Pool Leadership's discretion. Water guns are not allowed in the pool. Balls of soft material may be thrown in the pool generally when there are less than 25 swimmers in the pool. The misuse of objects other than the intended purpose will result in confiscation by a pool employee.

Flotation Devices: It is recommended that all flotation devices used are US Coast Guard approved. Children wearing personal flotation devices must be accompanied in the pool by a person 16 years or older. Swimming aids and other flotation devices are allowed at the discretion of the lifeguards. Flotation devices are not allowed for use when using slides or diving boards, with the exception of the baby pool slides.

Baby Pool Use: Children using the baby pool must be accompanied by someone 16 years of age or older. Children using the baby pool must be no more than 48" in height unless authorized by the Pool Leadership. Children wearing diapers without plastic pants shall not be permitted to use pools.

Defecating/Urinating in Pools: Defecating or urinating in the water is not permitted. If this occurs, the pool will be closed for an appropriate period of time for cleaning and sanitation.

Diving: Diving is permitted only in designated areas. Swimmers using the diving boards and/or slides must be able to swim 25 yards without the use of personal flotation devices. The Pool Leadership or Lifeguards may test any swimmer. Swimmers must exit the diving area immediately after using the diving boards or slides. Parents or guardians may not assist swimmers using diving boards or slides except in the baby pool.

Permitted Number of Users on Diving Boards and Slides: Only one swimmer is allowed on a diving board or slide at a time. Other swimmers must wait at the bottom of the stairs/ladder. Swimmers using slides must proceed feet first and on their backs. Swimmers using the diving boards may not run or bounce more than once on the board. No flotation devices, swimming toys, masks, goggles, or loose jewelry is allowed on the diving boards or slides.

Diving Area: Swimming in the area designated for diving and slide use is prohibited except with approval from the Pool Leadership. This is generally approved when there is less than 25 swimmers in the entire facility.

Lap Lane: Lap swimmers have priority use of the lap lane area. The Pool Leadership may permit the use of the lap lane by recreational swimmers when not in use.

Unexpected Closures: The Parks and Recreation's Aquatics staff, including lifeguards, have the authority to close the pool if conditions warrant. Examples of acceptable pool closings are, but not limited to, emergencies, thunder/lightening, heavy rain, pollution, and poor quality.

Safety Break: Ten minutes before the hour, the lifeguard staff will call a "Safety Break." Any guest 15 years of age or younger must exit the pool and remain at least three feet from the edge of the pool. "Safety Breaks" allow for the younger guests to take a mandatory rest period each hour. Persons 16 years of age and older may remain in the pool for recreational swim.

Emergency Situations: Any time two or more lifeguards enter the water to perform a rescue; the pool must be cleared of guests immediately to give the lifeguards in the water, and on deck, adequate room to ensure an effective rescue. The pool reopens when the Pool Leadership determines that the rescue is "clear" and it is safe to reopen.

Diapers: Children wearing diapers must use an approved "swim diaper" or plastic cover when swimming.

*Lifeguards have the authority to rule on interpretations of, and issues not covered under, pool rules.*

#### ADDITIONAL WINDVALE & CRANEBROOK RULES:

No Diving: Due to the shallow water depth of this facility, diving is prohibited in all areas.

Slide Area: Water depth at the splash down area is 2 feet deep. Swimmers using the slide must be able to immediately exit the splash down area by themselves. Parents, guardians

and lifeguards may not “catch” children at the bottom of the slide. Children may not sit in front of, behind, or in the lap of their parent or guardian. Swimmers using slide must proceed feet first and on their back or sitting upright. Swim wear with exposed zippers, buckles, rivets, or metal ornamentation are not permitted. No flotation devices, swimming toys, masks, goggles, or loose jewelry is allowed on the slide. Swimming in the area designed for slide use is prohibited.

Playground Area: We encourage you to turn, pull and open the valves, ropes, and handles to make the water play experience even more enjoyable. No running on or around the play structure. Climbing on the pipes and handrails is not permitted. Climbing and/or swinging from the pull ropes is not permitted. . Swimmers using slide must proceed feet first and on their back or sitting upright. Only one rider allowed at a time on the slide. Swimmers must move away from the exit area of the slide immediately after using the slide. No swimming toys, mask, goggles, or loose jewelry is allowed on the slides. Swim wear with exposed zippers, buckles, rivets, or metal ornamentation are not permitted.

#### ADDITIONAL FORESTGATE WATERSLIDE RULES:

1. You must be 48 " tall or able to swim one pool length.
2. Riders must wear swimsuits. No cut off jeans.
3. Only one rider at a time. No doubles, trains or chains.
4. Enter slide in a sitting position.
5. Wait for lifeguard's starting instructions before riding.
6. Ride Slide feet first either sitting or lying down on back.
7. Keep arms and feet inside flume. Do not stop on slide.
8. No tubes, mats or lifejackets permitted in flume.
9. Exit splashdown pool area immediately.
10. Form waiting line on pool deck, not slide stairway.
11. WARNING – Pregnant women and riders with a heart or back condition should not use this ride.
12. WARNING – Failure to follow slide rules can result in serious injury to yourself and others and loss of your privilege to use slide.

#### ADDITIONAL ROB FLEMING FAMILY AQUATIC CENTER RULES:

##### **Lazy River Rules**

Welcome to the Rob Fleming Aquatic Center Lazy River. For your safety please remember:

- The river is only three feet deep and has a strong current.
- Guests are not allowed on the island.
- Follow the direction of the current at all times. Do not go against, stop, or impede the flow.
- Use only tubes provided, and no other flotation devices, may be used.
- One rider per single tube, two riders per double tube.
- Guests under 48" tall, may float with an adult in a ratio of one adult per one child.
- Stacking, piling, throwing tubes, or standing and kneeling on tubes are not permitted.
- Access the Lazy River only at the stairs or transfer point.
- No climbing, sitting, standing or walking on the wall in the lazy river.
- No jumping or diving into the lazy river from side of the pool.
- Float times may be limited by staff.
- Guests with neck or back problems, heart conditions, prone to motion sickness, pregnancy, or any other medical limitations may not want to ride this attraction.
- **Follow rules and directions of lifeguard at all times.**

#### **Water Slide Rules**

- Depth of tube slide catch pool is 3 feet 6 inches.
- Maximum operational load 2 person, 400 lbs.
- Arms and hands must be kept inside the flume at all times.
- Please do not run, dive, stand, kneel, rotate or stop in the slide.
- Guests under the height of 48 inches tall are NOT permitted on this ride.
- Sunglasses, glasses or goggles are not permitted on slide.
- Swim wear with exposed zippers, buckles, rivets or metal ornamentation are not permitted.
- Chain riding is not permitted.
- Tubes must be ridden in a seated position facing forward.
- Riders must stay on the tubes during the ride. If you accidentally fall from the tube continue on down the flume without it and exit normally.
- Riders MUST wait for lifeguard start signal before starting the ride.
- At the end of the slide, obey all lifeguard instructions and exit quickly, taking your tube with you.
- If there is a line waiting for tubes, you must forfeit your tube after each ride to the people in line.
- Parents/Guardians are not permitted to catch persons at the bottom of slide.
- In the event of ride evacuation, riders on tower or stairs should evacuate in an orderly fashion down the stairs.
- Guests with neck or back problems, heart conditions, pregnancy, or any other medical limitations may not want to ride this attraction.
- **Follow rules and directions of lifeguard at all times.**

#### **❑ ADDITIONAL GUIDELINES FOR THE BABY POOL**

- Generally, no child over six (6) years of age is to be permitted in this pool. There will be a painted line 48 inches high on the shade structure post for lifeguards to make sure older kids are not allowed in the baby pool. It is a baby pool and shall be restricted primarily for this use. However, there may be unique circumstances where exceptions should be made so as not to unduly restrict use of the facility.

- Visibly dirty children or little children who are wearing diapers without plastic covers shall not be permitted in the baby pool. "Swim diapers" may be used in place of plastic diaper covers.
- Children must be attended by a parent, guardian or a person 16 years or older.

### Lifeguard Credentials:

- ❑ All lifeguards must be 16 years or older.

- ❑ CERTIFICATION

The Community Associations of the Woodlands, Parks & Recreation Department utilizes the American Red Cross Examiner Program. Lifeguards employed with our department must be certified in Lifeguarding, First Aid, CPR/Automated External Defibrillator for the professional rescuer, and Bloodborne Pathogen Training from American Red Cross. The Aquatics Leadership Team will be required to also train in oxygen training. No other licenses or certifications will be accepted for employment as a Lifeguard. The department offers, annually, a mixture of original and renewal training classes. Each candidate must pass all aspects of the training to be considered for hire or rehire.

- ❑ All employees must undergo a pre-employment drug screening by an independent drug/alcohol testing service and random drug testing throughout the pool season.